<table>
<thead>
<tr>
<th>School’s Mission</th>
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<th>School and Community Values/Beliefs</th>
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<th>SEL Goal(s)</th>
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<th>Components in place</th>
<th>Components to add</th>
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Examples of Program Components:

- **Supplementary Lessons/Activities**: Activities to be used in addition to, or in conjunction with, the core curriculum. Includes activities that integrate SEL skills and practices into the academic curriculum.
- **Climate & Culture Supports**: Features that promote positive norms and expectations and that help students/staff feel safe, connected, and engaged.
- **Applications to Out of School Time**: Features designed to be used in, or adapted for, Out of School time settings.
- **Adaptability to Local Context**: Features that help staff tailor the program to site-, classroom-, or student-specific needs.
- **Professional Development & Training**: Opportunities for professional development and training, including support for adult social-emotional competence.
- **Support for Implementation**: Resources to help school staff facilitate classroom or school-wide implementation.
- **Tools to Assess Program Outcomes**: Tools to evaluate student/teacher progress and program effectiveness.
- **Tools to Assess Implementation**: Tools to evaluate fidelity of implementation and staff buy-in.
- **Family Engagement**: Activities/events that incorporate families.
- **Community Engagement**: Activities/events that build connections between students and their community.

(From The Wallace Foundation and Harvard University’s *Preparing for Effective SEL Implementation*, March 2018)

Examples of meaningful, malleable, and measurable skills:

- Adaptability
- Cognitive flexibility
- Communication
- Complex problem solving
- Conflict resolution
- Creativity
- Critical thinking
- Delayed gratification
- Emotion recognition
- Forethought
- Frustration tolerance
- Identity integration
- Impulse control
- Perspective taking
- Planful competence
- Positive identity development
- Positive outlook
- Reflection
- Relationship skills
- Resilience
- Resourcefulness
- Self-advocacy
- Self-discipline
- Sense of purpose
- Social problem solving
- Well Being